



## ATTENTION TO SPORT IN THE JIZZAKH REGION

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**Annotatsiya:** Ushbu maqolada O‘zbekiston Respublikasi Jizzax viloyatida joylashgan sport ta’lim muassasalarida ta’lim olib kelayotgan, “Vatan ravnaqi” yo‘lida birgalikda harakat qilayotgan bir guruh yosh sportchilarning sport sohasida erishayotgan yutuqlari to‘g‘risida yoritilgan.

**Annotation:** This article highlights the achievements in sports of a group of young athletes studying in sports educational institutions located in the Jizzakh region of the Republic of Uzbekistan, who are working together towards the "Prosperity of the Motherland".

**Аннотация:** В данной статье освещаются спортивные достижения группы молодых спортсменов, обучающихся в спортивных учебных заведениях Джизакской области Республики Узбекистан, которые сообща труятся во имя «Процветания Родины».

**Keywords:** sport team, homeland, martial art.

The national sports team of the Republic of Uzbekistan, having achieved solid and high peaks in the international arena, is increasing its composition from year to year. Comprehensive measures aimed at supporting sports are bearing fruit. During the years of independence, the sports delegation of Uzbekistan has worthily defended the honor of our homeland's sports at a total of 5 Olympic and 9 Asian Games. During the Olympic Games, representatives of Uzbekistan won 6 gold, 5 silver and 11 bronze medals, and at the Asian Games - 54 gold, 76 silver and 93 bronze medals. These achievements indicate that Uzbekistan is among the countries whose sports sector is developing rapidly every year. Today, national sports federations of Uzbekistan are members of international federations in 32 sports and have the right to participate in international competitions.

It has long been known that humanity has strived to create something new. Changes in a person's life, one of the life lines he has traveled throughout his life, are certainly a legacy left to the next generation. In the world of martial arts and martial arts in the East, great people and masters have also passed away and left behind wonderful, attractive martial arts for the next generation. As you know, each sport has its own homeland. For example, in Korea it is "Taekwon-do", in Japan it is "karate", in Thailand it is "muay thai", in Russia it is "hand-to-hand combat", in America it is "kickboxing". In China it is "u-shu"...

Each of these sports has its own martial arts. That is why they do not repeat each other. In improving the technical movements in them, experienced masters of these sports have grown in their homelands, who have also shown dedication in promoting and agitating it. Among the various historical movements in the life of our people with a centuries-old history, oriental wrestling and martial arts also occupy a special place. It is said that a figurine depicting wrestling, found in Iraq 5 thousand years ago, indicates that this sport developed much earlier in Asia, as well as the martial arts of our great grandfather Amir Temur during his military campaigns, which indicate that this sport has deep roots. The national sport "Uzbek martial arts" is considered a national sport and is a great heritage left by our ancestors, and it is a modern form of the martial arts of the Timurids. This new martial art embodies the finest, most perfect movements of such methods as "the Timurid fighting style", "handicrafts", "kurash", and "seven elbows".

In December 2009, the World Martial Arts Association (WoMAU) became a member in Jeongju, Korea, and at the International Wrestling Association assembly held in Delhi, India, the International Wrestling



Federation "Jang Kurash" was established in cooperation with the National Wrestling Federation and "Uzbek Jang San'ati".

In May 2009, the first swallows participated in the WASCO World Championship in Pula, Croatia. In March 2010, the Uzbekistan "Uzbek Jang San'ati" Federation became a member of the WASCO World Single Martial Arts Organization and the "International Martial Arts" Association. In June 2010, the "Uzbek Jang San'ati" national team participated for the first time in the World Championship held in Cagliari, Italy, and won 7 gold, 3 silver and 1 bronze medals, thus defending the honor of our country. In October 2010, the national team members participated in the World Single Martial Arts Festival in Jeongju, Korea (Wo MAU) and took the honorable 1st place among 42 countries. Also in 2011, the national team of the republic participated in the same World Wrestling Festival and again took an honorable 1st place among 57 countries, raising the prestige of our national sport to a high level in the world.

In the Jizzakh region, about 2,400 children, adolescents, young people and adults regularly engage in hand-to-hand combat, - says the head coach of the regional team Husan Ergashev. - 26 of my students are champions of Uzbekistan, 11 have fulfilled the standard of master of sports of the international category, winners of various international competitions, and 9 of our athletes have won the title of world champion in their weight categories. Our goal is to further popularize this sport among children, adolescents and young people, to develop them into comprehensively - physically, mentally, spiritually healthy and mature children, and to prepare them as worthy defenders of the Motherland.

The Sharof Rashidov district sports school of Jizzakh region won 18 gold, 24 silver, and 32 bronze medals at the Uzbekistan Championship in 2024. In 2024, they won 1 gold, 2 silver, and 4 bronze medals at the World and Asian Championships.

- Khursandov Dadabek- 3rd place in the Uzbekistan Cup in "fencing"
- Khazratova Nozima- 2nd place in the Uzbekistan Championship in "table tennis"
- Abdurashidov Khumoyun- 3rd place in the Uzbekistan Cup in "boxing"
- Azimov Azizjon – 3rd place in the Uzbekistan Championship in "boxing"
- Muzaffarov Muslimbek – 3rd place in the Uzbekistan Championship in "Parapowerlifting"
- Jumanov Amir – 1st place in the Uzbekistan Championship in "Parapowerlifting".

The following students studying at this sports school, working tirelessly on themselves, set themselves the goal of bringing the honor of the Motherland to high heights.



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