



## ANALYSIS OF SPORTS RESULTS FOR THE RUNNING EVENTS OF THE 2022-2023-2024 WINTER UZBEK CHAMPIONSHIP AND CUP COMPETITIONS

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**ABSTRACT:** This article provides data studied on the basis of a comparative analysis of the sports results of the final stage of the men's 400-800-1500 m event at the 2022-2023-2024 Winter Uzbek Championship and cup competitions in athletics. The dynamics of these obtained sports results are covered in the cross section of years based on the diagram and conclusions are drawn. The reasons for the decline in results and suggestions for its elevation have been given.

**Keywords:** sports results, athlete, athletics, distance running 400-800-1500 m, championship of Uzbekistan, Cup.

Further improvement of the system of sports competitions aimed at further strengthening the air and aspiration for sports in youth, the principles of a healthy lifestyle in society, the selection of young talented athletes, the development of professional skills and skills in them, the preparation of Sports Reserves for national teams in sports, the continuous involvement of students and students in sports

Moreover, the organization of sports competitions takes on the tasks of improving knowledge, skills and qualifications of students and young people in the field. Because, in sports competitions, athletes will have the opportunity to find out their strengths and weaknesses even in the conditions of the competition.

According to the sports calendar plan of the Ministry of sports of the Republic of Uzbekistan, the results recorded in the sports competitions of the 2022-2023-2024 Winter Championships in athletics were studied by us on the basis of analysis.

The 2022 Winter Uzbek championship was held on February 25-27, 2022 at Özdjtsu athletics Manezh in Chirchik. In this competition, the results of the 400, 800, 1500 m running events by us were rolled out on the basis of analysis. According to the results of the analysis

In the final stage of the 400 m indoor Indoor Athletics Indoor Championships in Manezh conditions, the I-place was taken by Khusniddin Bannaev, a member of the Namangan Region team. His sporting score was 50.55 seconds, while the II-place finisher was Bukhara region teammate Rachmatillo Rachmatullaev, who recorded a score of 50.62 seconds. Another Bukhara Region representative, Akromjon Aliev, was awarded the honorary III place with a result of 50.95. It was at the Republican Olympic and Paralympic sports

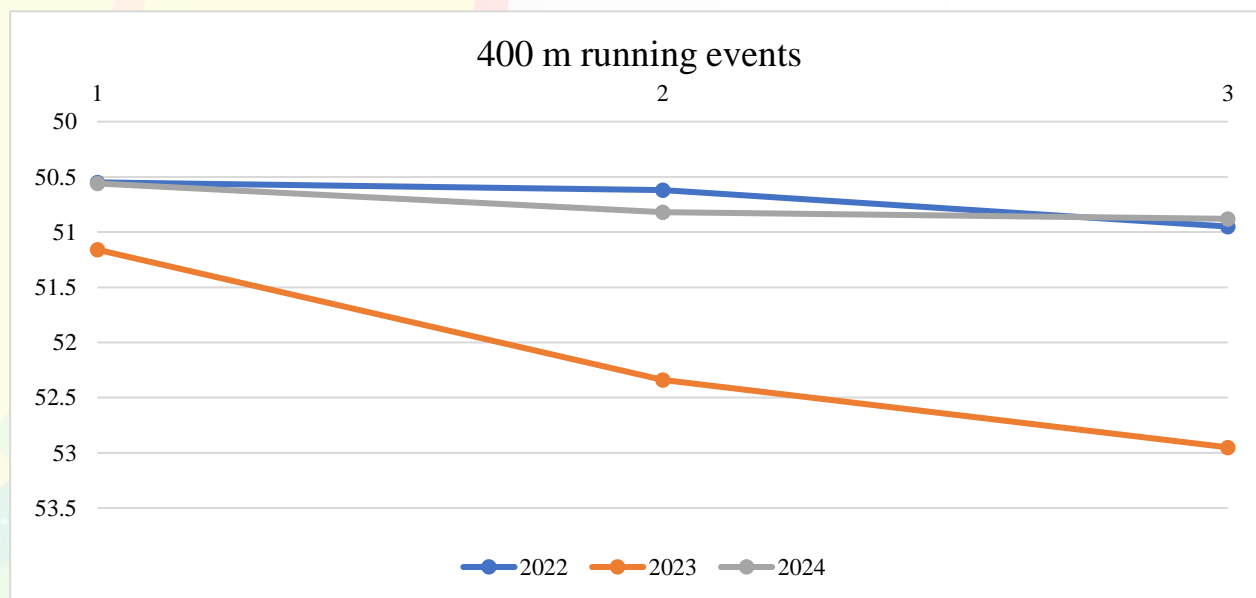


training center of Tashkent in this 400 m race that the winter Uzbekistan Cup trophy was held on January 25-27, 2023. When we analyzed the final stage between the men who took part in the running events in this competition by us, the representative of the Kashkadarya region Avazbek Rakhmatov took the honorary I-place in the 400 m race from the top peak of the shoxsuppa with a result of 51.16 seconds. Fahrli's second place was taken by Farghana region athlete Abbas Toshtemirov with a result of 52.34 seconds. The event was won by Khusniddin Bannaev, representing the Namangan Region team in the honorary III place, who won the bronze medal with a result of 52.95.

The 2024 Uzbekistan cup of athletics was held in Özdjtsu athletics Manezh, Chirchiq from 17 to 19 January 2024. Results in the 400, 800, 1500 m running events were predicted for this event. According to the results of the taxlil obtained, in the final stage of the 400 m race, the I-place was won by Bukhara region termia team Aliev Akromjon with a result of 50.56 seconds, while the honorable second place was won by Azizjon Oripov with a representative of Namangan region with 50.82 seconds. Khusniddin Bannaev, another Namangan region national team member, qualified the race in place of III with a time of 50.88 seconds.

Focusing on the Uzbek championship competition held in this indoor building, we can see that the results showed that the first place athlete in the 400 m race in 2022 recorded a result of 50.55. But in these Uzbek championship competitions, which were held in 2023-2024, it was found in the study that the results were formed at some low level according to the results of 2022.

1- diagram



*Formation of the dynamics of the results of running 400 m in the period 2022-2023-2024*

On 25-27 February 2022, the Uzbek championship in Chirchiq was awarded the honorary first place in the 800 m race, another event-rich event of the tournament, by Mirsaid Bukharov, a member of the Kashkadarya region national team. His score was 1: 55.75 min. Tashkent Region representative Avazbek Rakhmatov was awarded the honorary II place with a result of 1: 55.79. Viktor Surenko, the representative of the Syrdarya



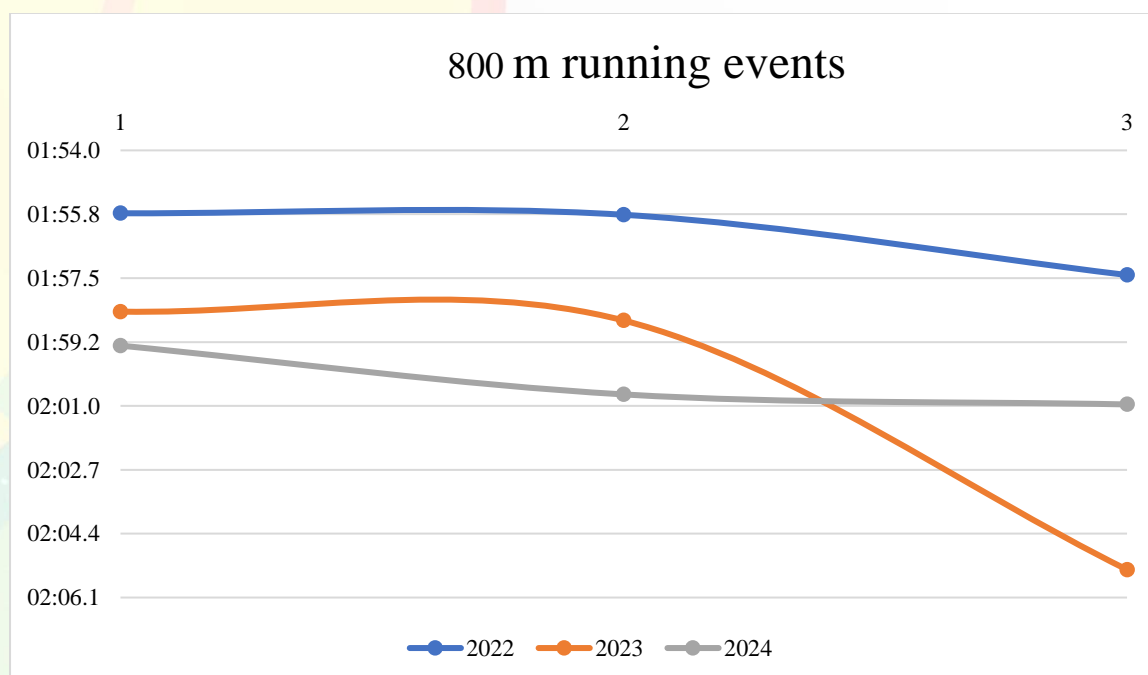
region national team, can see that this distance was replaced by the honorary III of the competition, running with a result of 1:57.42.

At the Uzbekistan Cup competition held in Tashkent on January 25-27, 2023 in the winter indoor building, when we analyzed the final stage of the competition in the 800 m event, the honorable I-place was taken by the representative of the Kashkadarya region Avazbek Rakhmatov with a result of 1:58.41. The second place of the competition went to Abdurazzok Ergashev, a representative of the Jizzakh region. His sports score was 1: 58.65. Mirsaid Bukharov, representing Kashkadarya, won the bronze medal in the competition with a result of 2:01.39.

The 2024 Uzbekistan cup of athletics was held in Özdjtsu athletics Manezh, Chirchiq from 17 to 19 January 2024. The proud first place of the race in the 800 m relay, which requires fast endurance, was taken by the representative of the Syrdarya region Viktor Surenko. This distance was won by the Gold Medal of the competition with a result of 1: 59.33. The representative of the Republic of Karakalpakstan, Esengeldi Tileumbetov, won the silver medal of the competition, running with a result of 2:00.65. The bronze medal of the tournament was won by Jahongir Rakhmatullaev, representing Tashkent City, with a result of 2:00.92, for 3rd place.

According to the results of the analysis of competitions in the 800 m race at the winter Uzbek championship competitions held in 2022-2023-2024, although the results were formed at a high level in 2022, we can see that in 2023-2024 the results fell. The results obtained were given in the following 2 diagrams.

2-diagram



*Formation of the dynamics of the results of running 800 m in the period 2022-2023-2024*

In the men's 1500 m event at the 2022 Winter Uzbekistan championships, we can see that the results were formed as follows. Syrdarya Region representative Viktor Surenko won first place with a result of 4: 04.66.



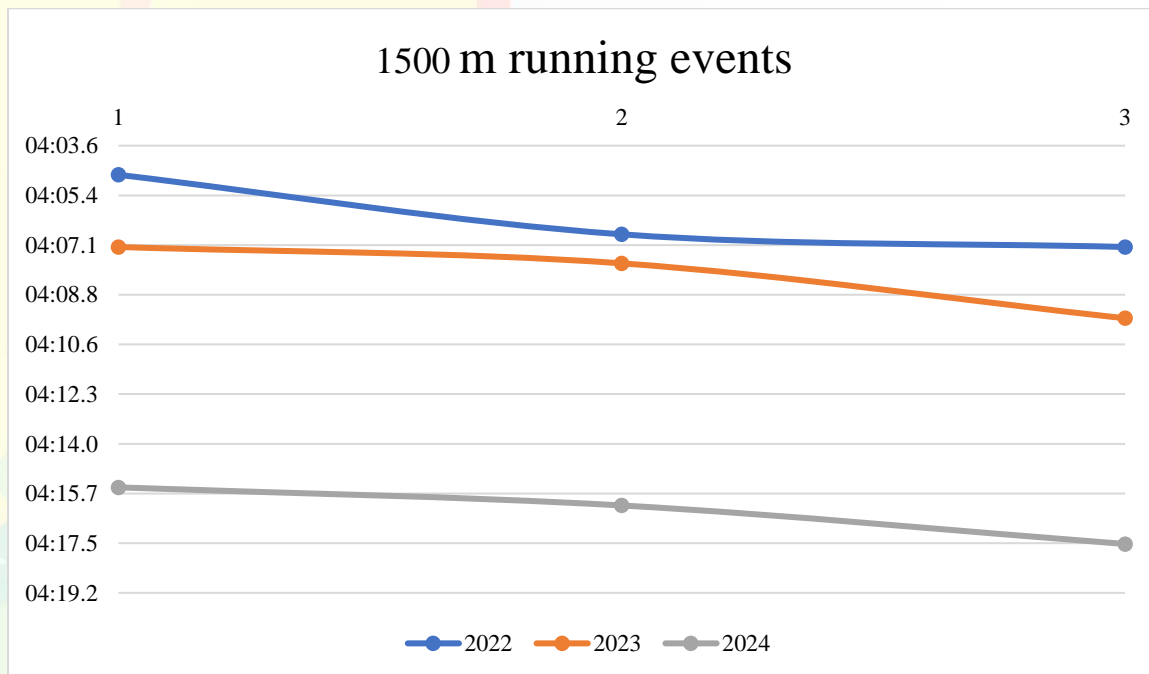
In the second place of the competition, a member of the national team of the Kashkadarya region Mirsaid Bukharov was awarded with a result of 4:06.73. Third place was taken by Otabek Fayzullaev, representing Surkhandarya region, with a result of 4:06.78. In this event, the proud I place at the winter Uzbekistan Cup competition in 2023 was won by Samarkand region representative Alisher Akhmatilayev with a result of 4:07.17. At the 2nd place of the competition, Syrdarya Region representative Viktor Surenko was the silver medalist, recording a result of 4:07.74. The bronze medal of the tournament was won by Diyorbek Shamuratov, a member of the Republic of Karakalpakstan turma team, whose result was 4:09.65.

The 1500 m cross-country final of this Uzbekistan Cup competition, held in Chirchiq from 17 to 19 April 2024, saw the proud first I-place finish with a score of 4:15.53. Honor II belongs to Jahongir Rachmatullaev, a member of the Tashkent national team. He ran this distance with a time of 4:16.16. Esengeldi Tileumbetov, the representative of the national team of the Republic of Karakalpakstan, was the winner of the tournament. He won the bronze medal by running this distance with a result of 4: 17.50.

In 2022-2023-2024, the Winter Uzbek championship was considered the best result of 4:04.66 seconds in 2022 according to an analysis of the results in the 1500 m running event in these 1500 m events.

At these Winter Championships in 2024, the results showed a fall. The results obtained were given in diagram 3.

3- diagram



*Formation of the dynamics of the results of running 800 m in the period 2022-2023-2024*

Based on the sports calendar plan of the Ministry of sports of the Republic of Uzbekistan, an analysis of the results of sports in the 400, 800, 1500 m events included in the program of sports competitions of the 2022-2023-2024 Winter Championships in athletics in January and February showed that we are significantly lagging behind the results of sports at the domestic championships. Therefore, it can be concluded from the



above results that athletics shows that there are enough shortcomings in the system of training athletes for sports.

Results from the running events show that their surnames change when we carefully wrap up the position of the athletes who finished I-II-II in competitions. Because we can see that the promising plan developed to direct them to the stages of many years of preparation is misorganized.

In this case, the first drawback is the problems in qualifying athletes for the running types of athletics, while the second lack of proper planning of activities to be organized with them can prevent the growth of sports results. Thirdly, it is necessary to correctly select motor methods based on the purpose of the activities organized with them. Fourth it is necessary to organize and manage the training process on a scientific basis. Only then can we achieve the goal that has been set before us.

## Conclusions

The results of the analysis of the winter Uzbek Championship and cup competitions in athletics from 2022-2023-2024 made it possible to note the following conclusions:

- today, an analysis of the results for the winter Uzbek Championship and cup competitions in athletics shows that although the results of sports are satisfactorily formed in domestic championship and cup competitions, however, the lack of records of results qualifying for international sports competitions indicates that there are enough shortcomings in our system of training athletes who specialize in running;

- it was determined by the results of the analysis carried out that the mistakes and shortcomings that are allowed in the selection of male athletes who specialize in running types and make them a highly qualified athlete in the future, which does not give the opportunity to show the results of the sport at the international level of demand;

- the fact that we correctly organize promising planning, developed in order to effectively prepare runners for the annual stages of training, has an impact on the system of training highly qualified athletes.

In the preparation of athletes for sports competitions, a new optimized planning program should be developed on a scientific basis. Because the fact that this current program is outdated today and not high in efficiency indicates that the results were formed at a low level according to the analysis of the results of the sports shown at the Winter Uzbek championships and cup competitions in the cities of Chirchik and Tashkent in the period 2022-2023-2024 in athletics. This demonstrates the need to develop and put into practice new technologies of the athlete training system on a scientific basis in the running disciplines. Only then will we have the opportunity to fulfill the requirements for the Olympics and participate in the Olympics in order to achieve high sporting results.

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